



EUPHORIA



SPRINKLE KINDNESS LIKE CONFETTI



**THE
WONDERS
OF
SHOWING
LOVE**

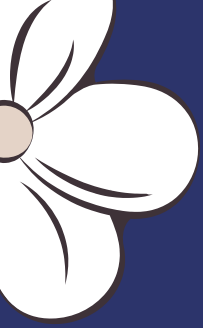
**EXCLUSIVE
COVER
STORY BY
SHYAM
WUPPULURI**

**CREATIVE
PURSUITS
FROM
STUDENTS**

**MOVIE AND
BOOKS FOR YOUR
MBTI-TYPE**

**#2ND
EDITION**

2024



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MESSAGE FROM THE PRINCIPAL

Dear Students, Teachers and Parents,

At Rajhans Vidyalaya, we believe that kindness is the foundation of a harmonious community. In the second volume of our newsletter, we have embraced the theme "Sprinkle Kindness," encouraging everyone— students, teachers, and parents — to spread positivity in our school and beyond.

Kindness is a powerful tool that can transform our relationships and create a supportive environment. Small acts of kindness, such as sharing a smile, offering to help a friend, or appreciating a teacher's effort, can make a significant impact. We urge students to practice empathy, understanding, and respect one another, fostering a culture of inclusivity.

Teachers, your role is vital. By demonstrating kindness in your interactions, you inspire students to follow suit. Parents, let's work together to model these values at home, reinforcing the importance of compassion and gratitude.

As we embark on this journey of kindness, let us remember that every small gesture counts. Together, we can create a ripple effect that spreads far and wide. Let's sprinkle kindness in our words and actions, building a brighter future for our Rajhans family and our community. Join us in making kindness a way of life!

With Warm Regards,

Mrs. Ritu Dubey
Principal
Rajhans Vidyalaya
Andheri West, Mumbai-58.



MESSAGE FROM THE VICE PRINCIPAL

“Try to be a rainbow in someone’s cloud.” - Maya Angelou

This awesome quote by poetess Maya Angelou can be considered as one of the greatest guidelines for living. This quote is metaphorical where a colourful rainbow represents happiness and positivity, the dark clouds are various challenging problems people have in their life which bring in negativity and despair, so we need to be there for others when they need us. We need to make sure we have rainbows in our own clouds to keep moving forward, and to create them in others.

Dear students, we all have the ability, the power, to help others to get through the clouds. To do this, it is essential to be mindful of others.

Relationships are not built, in the great moments when there is much to be celebrated and everybody wants to be around, but in the darker times when people are lonely and need help. Let everyone get a view of the sunbeam just behind you that turns the densest clouds into colourful wonders.

With Warm Regards,

Mrs. Usha Unnikrishnan
Vice Principal
Rajhans Vidyalaya
Andheri West, Mumbai-58.





COVER STORY

मैत्री LOVING KINDNESS

by Shyam Wuppuluri FRSA

People who do not understand Buddhism sometime think upeksha (equanimity) means indifference, but true equanimity is neither cold nor indifferent. Upeksha does not mean that you do not love. You love in a way that all your children receive your love, without discrimination.

As long as we see ourselves as the ones who love and others as the ones who are loved, as long as we value ourselves more than others or see ourselves as different from others, we do not have true equanimity. We have to put ourselves "into the other person's skin" and become one with them if we want to understand and truly love them. When that happens, there is no "self" and no "other."

You say you love him, but if you do not understand his aspirations, his needs, his difficulties, he is in a prison called love. True love allows you to preserve your freedom and the freedom of your beloved. That is upeksha."

"As small babies, we used to hug people, bite their shoulders when we felt scared, scratch them with our milky nails, or scream at the top of our lungs to express our suffering. Later, we are educated to survive in this world by suppressing our emotions.



Now, as adults, we often “bite” others through our rude words, “scratch” others with our angry gaze, or scream by giving them the cold shoulder to express our sadness.

The modes of expression have changed, but the underlying emotions remain constant. During our darkest times, when our negativity reaches its brim, our mind becomes an aimlessly flying cannon, randomly shooting loads of negativity at those who come our way.

“Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you.”

— *Princess Diana*

Even a gentle feather that touches us feels like sandpaper. This happens to all of us, at one time or another. We may have, knowingly or unknowingly, spewed the hot venom of curses onto innocent fellow beings who have done us no real harm. But we do so because of misunderstandings and wrong perceptions.

But let us remember: instead of cursing, we can send loving-kindness. We can curse “may my enemy’s hate never have any impact on others” or “may my enemy’s bad thoughts never manifest.”

We can wish for “my enemy to receive nothing but the greatest good.” If we carefully analyze all of these so-called curses, they are, in fact, blessings in disguise. Curse and blessing are two sides of the same coin. One tries to push the door, while the other pulls it. One closes it, the other opens it. It doesn’t take much effort to transform our curses into blessings. Through loving-kindness, it is possible.



"Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love".

1 John 4:7-8

We must strongly believe in our capacity to generate compassion for this world. Nothing in ten worlds can harm those who are shielded by the energy of compassion. They may face hardships, but they can quickly see through them. They are always guided from within. This energy of compassion is the energy of the Divine: not outside of us, but within us.

A



SHYAM WUPPULURI, FRSA

Shyam Wuppuluri is a research fellow at RIFS, Helmholtz-Zentrum Potsdam, and an elected fellow of the Royal Society of Arts. A recipient of the Honra ao Mérito from the Brazilian Academy of Philosophy, Shyam also spent time as an Albert-Einstein fellow, living in Einstein's former house in Caputh. His work is guided by the belief that true inquiry combines intellect with the heart, transcending the boundaries between knowledge and nature.

**CELEBRATIONS
&
WORKSHOPS**

INDEPENDENCE DAY

On India's 78th Independence Day, Rajhans Vidyalaya celebrated with patriotic fervor and cultural splendor. The event began at 8:00 am with the arrival of the Chief Guest, Mrs. Ritu Dubey, Principal, along with Vice Principal, Mrs. Usha Unnikrishnan, Major Abhishek Singh, and Mr. Madhukar Khot. The National Flag was hoisted, and the assembly sang the national anthem with pride.

The event's highlight was the Investiture Ceremony, where the new Prefectorial Council for 2024-2025, including School Captain Prisha Pasricha and Vice Captain Paridhi Nagar, took their oaths. The ceremony concluded with a felicitation by Principal Mrs. Dubey.





STUDENT COUNCIL (2024-2025)



Prisha Pasricha
School Captain



Kaneeka Gupta
Sports Captain



Srishti Agrawal
Art & Cultural Captain



Paridhi Nagar
School Vice Captain



Aditya Jha
Sports Vice Captain



Rimzim A Marathe
Art & Cultural Vice Captain



Samriddh Sahay
Gyaneshwar Captain



Greha Raul
Gyaneshwar Vice Captain



Ispahnia Shaikh
Kabir Captain



Ananya K Kamath
Kabir Vice Captain



Shaurya Varma
Kalidas Captain



Neetika S Shetye
Kalidas Vice Captain



Johann Vadakkan
Tulsidas Captain



Ssanvi Devendra Singh
Tulsidas Vice Captain

RAJHANS SCIENCE EXHIBITION

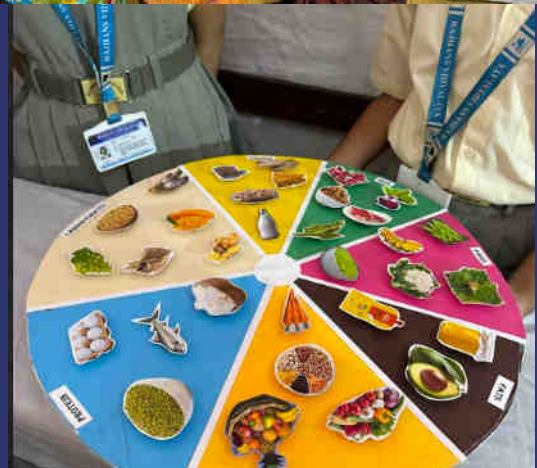
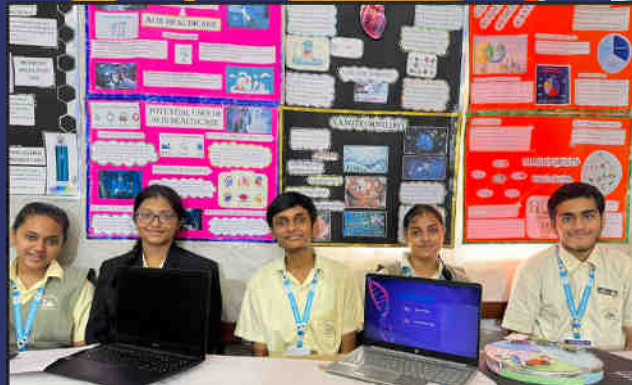


Rajhans Vidyalaya's, Annual Science Exhibition, held on 21st September 2024, centered on the theme "Healing Hands: Celebrating the Science of Health and Medicine."

The primary section focused on traditional remedies, with projects based on medicinal plants, spices, herbal oils, and juices in order to highlight the benefits of natural health practices. Secondary students explored topics such as health and hygiene, the importance of vaccines, medical innovations, and health tourism. Senior secondary students presented on more advanced subjects, including gene therapy, drug development, medical technology, and the pharmaceutical industry.

The exhibition was honored by distinguished guests, including ex-student doctors, who shared their expertise and inspired students.







TEACHERS DAY



On September 4th, 2024, Rajhans Vidyalaya's Grade XII students organized a heartwarming Teachers' Day celebration to honor their teachers. The event featured a role-reversal activity where Grade X & XII students dressed as teachers and taught the younger students, giving them a taste of the challenges teachers face.

The celebration included delightful performances, with the highlight being a lively dance that energized the audience. Students also gave heartfelt speeches expressing their gratitude, leaving teachers deeply moved. A fun game of musical chairs for the teachers brought out their playful side and filled the event with laughter. The day concluded with a photo session, capturing the joy and camaraderie shared between students and teachers. Overall, the celebration was a resounding success, thanks to the thoughtful efforts of the Grade XII students.



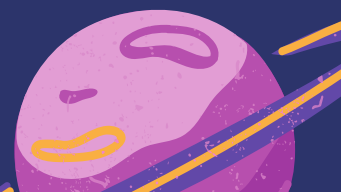
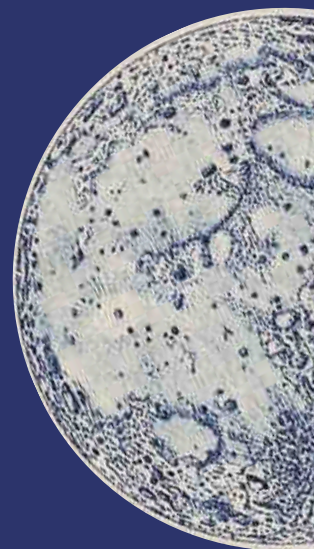




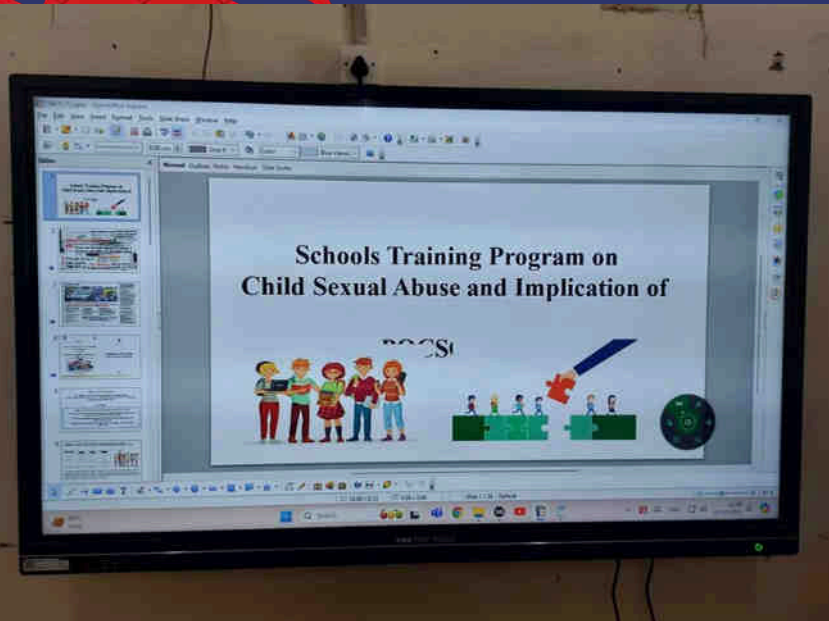
NATIONAL SPACE DAY



India celebrates National Space Day on August 23rd to commemorate the country's space exploration achievements. This day has been dedicated to honor the success of the Chandrayaan-3 mission, which landed on the moon on August 23rd, 2023. India is the fourth country to land on the moon and the first to reach its southern polar region.



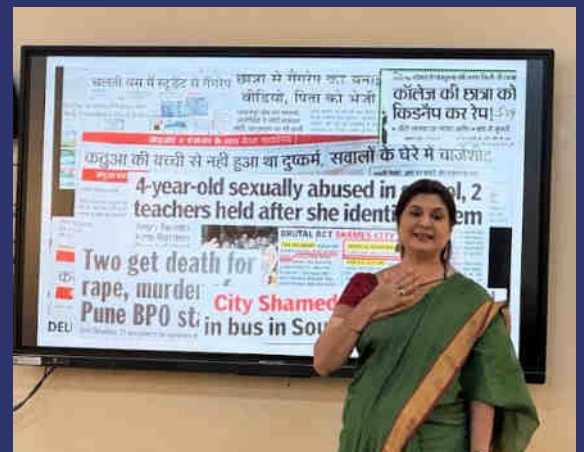
POCSO WORKSHOP



The Protection of Children from Sexual Offences Act, was introduced in 2012 to protect children from offences of sexual assault, sexual harassment and pornography. By implementing a specialized training program for teachers, Rajhans Vidyalaya aims to create a safer space for all its students.

POCSO ACT

STOP CHILD SEXUAL





EVENTS

PRIMARY SECTION HIGHLIGHTS

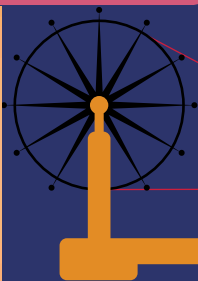


Gandhi Jayanti was celebrated in the primary section on October 1st, 2024 with great enthusiasm. Our Principal, Mrs. Ritu Dubey was invited on this auspicious day.

The day was celebrated in remembrance of Bapu and all his accomplishments. The aim of this event was to instill a feeling of patriotism among students and follow paths of truth and non-violence.



HAPPY
GANDHI JAYANTI





Gokul Ashtami was celebrated in the primary section of Rajhans Vidyalaya on 26th August 2024.



Swachhata Pakhwada was conducted in the primary division of the school. Students were taught good hygienic practices such as washing hands. They also performed hands on activities such as drawing trees and cleaning their classes.



The third day of the week long celebration of Shiksha Saptah was dedicated to sports.

The students participated in traditional Indian games such as Rassee Koodana, Langdi, Lagoori, Maaram Pitti, Cheel Jhapatta, and RATHERA.

The activities were conducted successfully, with students demonstrating keen interest and active participation. The day's objective of promoting physical fitness and teamwork was effectively fulfilled.



SECONDARY SECTION HIGHLIGHTS



The English department of grades V-VII recently conducted an English poetry recitation competition. It was attended with much fervor by students who eloquently recited William Wordsworth and Robert Southey.



The हिन्दी department of grades V-VII recently conducted a हिन्दी poetry recitation competition. It was attended with much fervor by students who eloquently recited Sant. Kabir Das, Amir Khusrov, etc



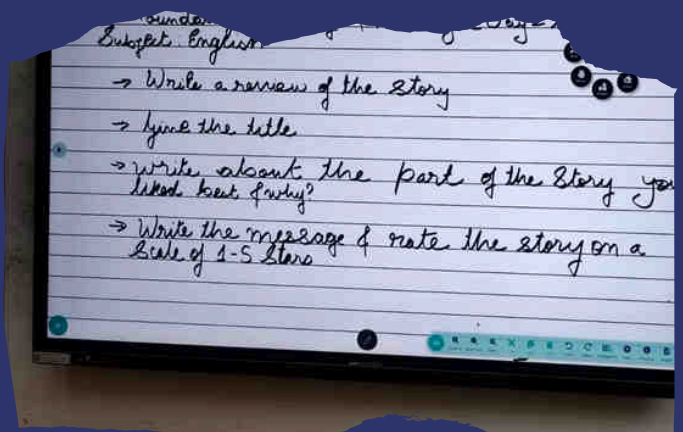
The secondary division of Rajhans Vidyalaya, in an effort to promote India's diverse culture, conducted a folk dance competition on 23rd and 24th September. Students performed various dances including Garba, Bihu and Bhangra.



The school's management conducted the Swachhata Pakhwada in the wake of Gandhi Jayanti and the national motto of "Swachh Bharat". Arts and craft activities were conducted under Arun Sir alongside an art exhibition. Students went home armed with the vision of a green India.



Shiksha Saptah was celebrated at Rajhans Vidyalaya with great enthusiasm for Std 5th to 10th. The second day of the week-long celebration was FLN Day. The activities were conducted successfully with students demonstrating a keen interest and active participation and fulfilling the day's objective of raising awareness and supporting Foundational Literacy and Numeracy efforts.





The students of classes V and VI were taken on an educational field visit to Apna Bazaar Co-Op Society Supermarket and its associated Apna Sahakari Bank in order spread awareness about cooperative societies as well as to give the children a hands on approach on shopping and the value of money.



SR. SECONDARY SECTION HIGHLIGHTS



The English department of the senior secondary division conducted a monologue competition on 19th September to inculcate the art of acting.

On the 6th of August 2024, the students of Grades XI and XII of Rajhans Vidyalaya had the privilege of attending a seminar hosted by Pearl Academy on artificial intelligence and digital artwork.

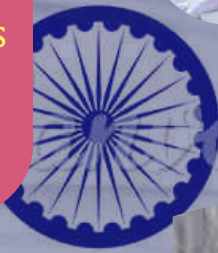


HAR GHAR TIRANGA

May our country progress in everywhere and in everything
so that whole should have proud on our nation.

On August 14, 2024, Rajhans Vidyalaya organized a Poster Making Competition for students of grades XI and XII as part of the Independence Day celebrations. The event, held during school hours, aimed to foster creativity and patriotism among the students. The competition encouraged participants to express their artistic talents while reflecting on themes that highlight our national pride and future aspirations.

Har Ghar Tiranga Programme Poster
Making and Craft exhibit made out of
Tricolour From 13th August to 15th
August



**HarGhar
Tiranga**
9th - 15th Aug 2024





The students of Sr. Secondary (Commerce) were taken to the NSE on 3rd September, 2024 for a hands on experience into the secondary market.



On 7th October, 2024, a career guidance session was conducted at Rajhans Vidyalaya for the students of Grade XI and XII. The speaker for the session was Dr. Kundan Kumar, Senior Scientist, Aquatic Environment and Health Management Division, ICAR-CIFE, MUMBAI



**CAREER
GUIDANCE**

On September 19th, 2024, the Computer Science department at Rajhans Vidyalaya conducted a Hackathon competition.



DEVELOPING ENTREPRENEURIAL MINDSET IN ENTREPRENEURSHIP STUDENTS- 8TH AUGUST, 2024

Cultivating an entrepreneurial mindset in entrepreneurship students requires a multifaceted approach that combines theoretical knowledge with practical experience. By adopting comprehensive educational strategies, providing real-world opportunities, and fostering key entrepreneurial traits, educational institutions can better prepare students for the challenges and opportunities of the entrepreneurial world.

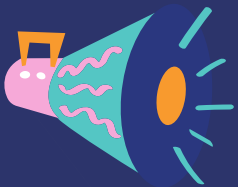


DRAMA COMPETITION

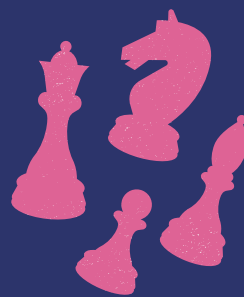
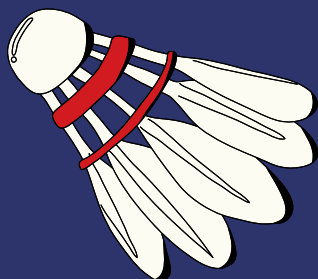


Rajhans Vidyalaya conducted an English play competition and Psychology general awareness play in order to bring out the inner actors and directors from within the students. Students of all classes across 11th participated. The competition was won by XI-C, with the runner ups as XI-E.

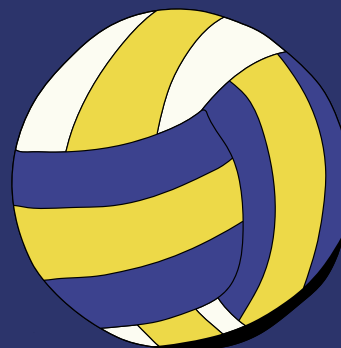


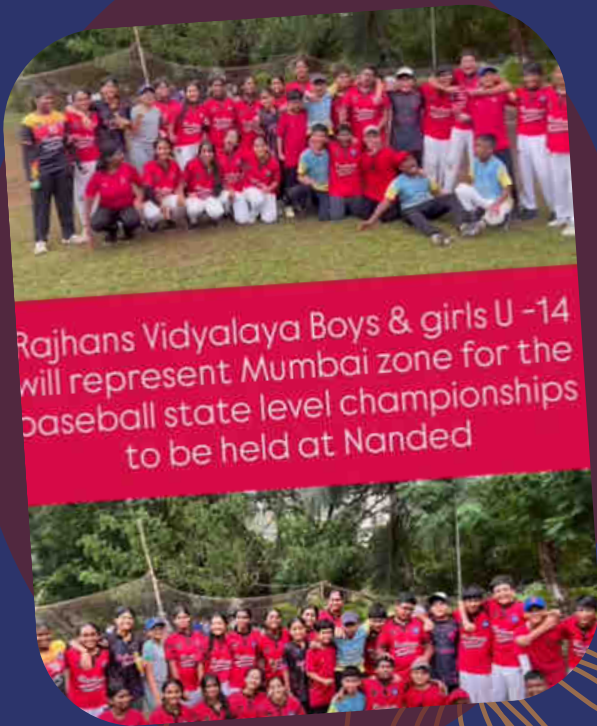


BEST ACTORS & ACTRESSES



RAJHANS SPORTS HIGHLIGHTS





Rajhans Vidyalaya Boys & girls U-14 will represent Mumbai zone for the baseball state level championships to be held at Nanded



Rajhans Vidyalaya Girls U-17 basketball team are winners of Dso Andheri Taluka & have qualified for District level



BKMCT Sports
sportsbkhmct Congratulations 🎉 to Boys Under 19 Badminton Team of Ra... more



BKMCT Sports

sportsbkhmct Proud moment for Rajhans Vidyalaya! 🏆 ... more





Ishaan Parikh of Rajhans Vidyalaya advances to quarterfinals of MSSA squash tournament



Rajhans Vidyalaya Girls Under-17 stood runners up at the DSO Roll Ball Tournament!



Ananya Singh Class won Silver medal in the Mumbai Suburb Level 7 District Artistic Gymnastics championship and has been selected to represent at





CHESS PLAYERS TRAVELING FOR CBSE GAMES TO BANGALORE, KARNATAKA.



RAJHANS VIDYALAYA BOYSU-17 MADE IT TO THE DSO FINALS OF GROUP DEFEATING JAMNABAI NARSEE 4-2



ACCOLADES

ELDROK MUMBAI



The panel discussion explored the transformative potential of AI in education, addressing key questions about its impact on personalized learning, teaching roles, accessibility, ethical considerations, institutional readiness, and the future of AI in education. - Attended by Mrs . Ritu Dubey

INSYNC PRINCIPALS' CONCLAVE CONDUCTED BY CHILDREN'S ACADEMY SCHOOL ON 27 SEPTEMBER 2024



This program emphasized on opportunities for school leaders to build a culture of excellence through the CPDP Act 2023 and branding.
(Attended by Mrs. Ritu Dubey)

IIT-H SCHOOL PRINCIPALS MEET



Our principal, Mrs. Ritu Dubey recently attended the school principals' meet attended by 70+ CBSE educators hosted by iTIC incubator at IITH.



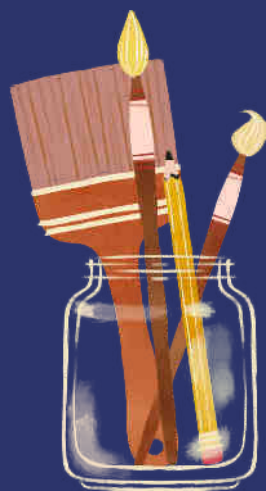


C.S. Tarun Kumar of class XI-A had attended the Podar Summit 2024 (MUN), representing Dr. Jitendra Singh, MoS PMO in AIPPM, and has won the 'High Commendation' award.



Rajhans Vidyalaya participated and won in the quarter-finals in the "Knowledge Quest - An Inter School Quiz Contest," an esteemed event organized by the Rotary Club of Bombay, Powai.



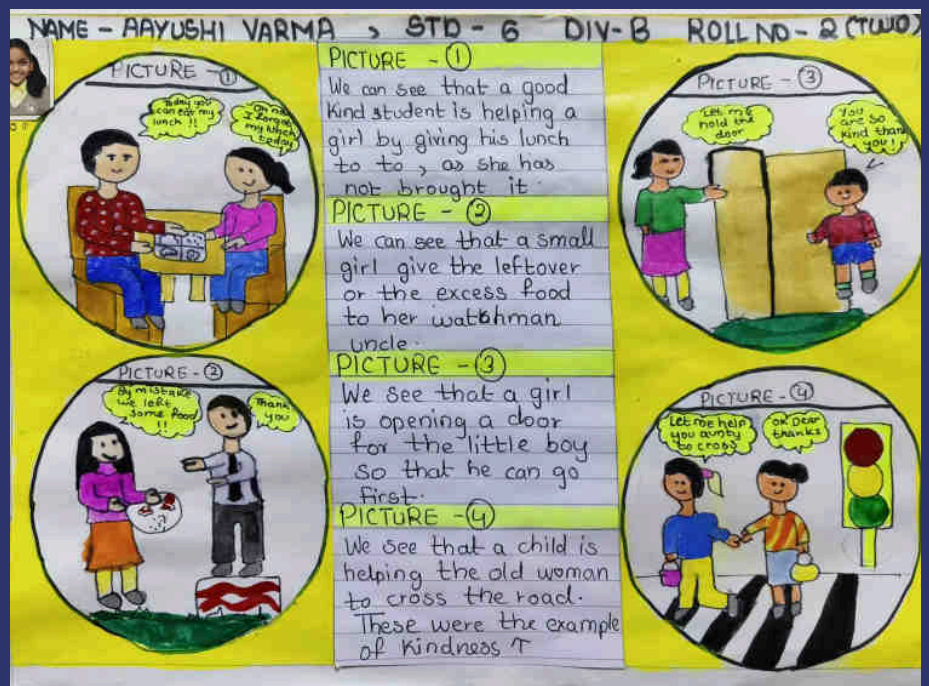


ART CORNER





TAKSHIV S PATEL, STD-2, DIVISION- C, ROLL NO. 37



AAYUSHI VARMA, STD-6, DIVISION- B, ROLL NO. 02



RACHEL ABRAHAM STD-1,
DIVISION- D, ROLL NO. 20



RIDA KHAN,
STD-2,
DIVISION- B,
ROLL NO. 30

RECIPE FOR AN IDEAL SOCIETY

A sprinkle of kindness within the community

A pinch of empathy towards the society

Being pure like a beautiful dove,

On the side a smile and lots of love

An overflowing cup of those who see bright
futures

With those who sail the boat of hope

And a teaspoon of humanity,

With those who are willing to cope

Along with those who have different scopes.

This is the recipe for an ideal society.

A dash of good culture,

A dollop of unity.

A tweak of empathy towards the society,

And a drizzle of kindness within the community,

Finishes this dish of prosperity.



JOANN STEPHEN
GRADE 10 - B

VALUES OF LIFE

Maintaining good behaviour,

Will give you success in every endeavour.

If your mind is filled with positivity and hope,

There is no problem you cannot cope.

When you carry a positive attitude,

Success will come to you in full magnitude.

Do not let the notion of confusion,

Come in the way of your ambition.

Keep your unbreakable faith on God,

And he will defy your every odd.



SUMEDHA GUPTA
GRADE 12 A

DIGITAL KINDNESS

Digital kindness is a vital topic in our increasingly online world, emphasizing the role of kindness in our daily lives. If you ask, what does digital kindness really mean? To answer your question, digital kindness means understanding what kindness looks like in online spaces: supportive comments, meaningful debates, respectful disagreements etc. In apps like Instagram, Snapchat, Discord etc have many viral movements and challenges about spreading kindness like #Kindness Matter and many more. There are many movies and TV shows portraying kindness like Up, Finding Nemo, The Lion King made by Disney for kids and young adults to learn kindness. Whereas movies like BFG, Wonder, To Kill a Mockingbird etc portray kindness and help adults connect to their inner child and happy self, i.e. which was kind. By embracing digital kindness, we can transform our online spaces into havens of compassion and support, reminding us that every click and comment has the power to uplift and connect us.

MAITRI SEMWAL
GRADE 11 A



A BOOK REVIEW ON 'THE GIVER'

A world devoid of emotion, a society that demands only the best from its Samaritans, the status quo is to follow at the behest of the Council of Elders. Each drifting away in the current supplied by regulations and norms, the people in this world have forgotten to love. A veil has been cast by the authorities and the simple folk have gone blind. This is the imagery of Lois Lowry, author of 'The Giver'. Jonas, a 12-year-old boy is the protagonist of this dystopian novel which prompts the reader to appreciate his ability to remain humane and conscious. The 'Sameness' is a concept that has been introduced to create societal tension, as the name suggests, it aims to eradicate any sign of emotion or in other words to eradicate every characteristic of man. The protagonist has been chosen to withhold all memories before the existence of "Sameness". He is to become the keeper of all things the Council of Elders strives to protect its citizens from.

All memories are fed to Jonas via the 'Giver', an old man, to whom he acts like an apprentice. A bond develops between the two, knowledge is shared, wisdom is imparted, tears are shed, and a young boy struggles to grasp concepts that involve a simple understanding of kindness and empathy. The 'Giver' knows all too well how strenuous the process can be; he offers a shoulder to cry on but never fails to remain strong to encourage the boy. Jonas then takes it upon himself to help others see the truth, what was lying in plain sight all along. He wants to restore colour, bring back the snow-covered peaks and restore the terrain. The book revolves around the subject of 'human connection', it challenges authoritarian rule; a concept much needed at the time of the conception of this book. As a reader, I was much moved by the novel, it implored me to question the many norms of today's society and how unapologetic I should be when showing the very emotions that keep me human. We fail to realise that kindness and compassion aren't mere words but tools to change the world. A sterile world like in 'The Giver' is far from ideal, one we must strive to never turn ours into.



AKIRA IYER
GRADE XI A



KINDNESS AND COMPASSION IN WORLD RELIGIONS

“But love your enemies, and do good, and lend, expecting nothing in return, and your reward will be great, and you will be sons of the Most High, for he is kind to the ungrateful and the evil.” - Luke 6:35

The origin of religions in the world stems from the early man's shift from a constant need for survival to a deep internal retrospection about the greater scheme of things, about the true meaning of existence, of purpose and philosophy. Religion was made by the esoteric who understood the intricacies to guide and lead the masses and explain the unknown through ethics and moral values through the exoteric. Spirituality, devotion and worship in many major world religions today are synonymous with social service and kindness. Discourse in ancient philosophical and devotional texts shows compassion as a path towards enlightenment and a way to be closer to the divine.

The Theosophical Society believes that all religions have a common origin, a common truth and philosophy from which we have branched off. And it is indeed seen in the sacred texts of today. From Jesus' teachings of 'love thy enemies', the Qur'an's commandment of 'zakat' or giving, the Avestan's declaration of kindness to be the eternal power and light which dissolves all walls - right up to Krishna and the Buddha's "The one who sees the same in all beings and sees all beings in the same is a true sage." - all show us that this is one deep thought which inspired all. The act of kindness is one of a selfless nature -yet one that gives a deep spiritual fulfilment.

But despite these various overlapping philosophies we still see violence and war under the guise of religious differences. Innocent people were killed in the thousands, displaced in the millions and affected in the billions. Instead of working together towards peace, we “crusade” to take over the “promised land”. We massacre disbelievers and lynch them for different cultural habits. The very purpose of religion now stands lost. What was once made to enhance humanity into a higher plane of understanding and consciousness is now leading to our downfall. It is not the serpent on the tree that expelled us from ‘paradise’ but rather our hate. God preached us to love - but do we truly love? We are all in a sinking boat, whose motor will only work if we leave apart our differences.



CS TARUN KUMAR
GRADE XI - A



KINDNESS IS ALWAYS THE RIGHT OPTION

There was a girl living in New York City named Sarah. She lived all by herself, working at a café. Lonely and heartbroken from losing all her loved ones, she had become mean to everyone, convinced that love only leads to pain.

One day at work, Sarah noticed a new employee being welcomed with smiles and warmth. Curious, the new worker approached her.

New Worker: Hey, I'm Sarah, and I'm new here!

Sarah: (nonchalantly) Myself Sarah!

New Worker: OMG, that's great! Nice to meet you! (offers a handshake)

Sarah: (walking away without shaking hands, rolling her eyes) Ugh, she's so annoying.

Despite sharing the same name, their personalities were as different as night and day—one was as sweet as sugar, while the other was as mean as a hot chilli.

That evening, after a long day at work, Sarah went home and fell asleep. In her dream, her mother appeared.

Mother: Child, I know I am not with you anymore, but it hurts to see you like this. The Sarah you saw today was sent by me. Tomorrow, not only will your name be like hers, but your personality will be too. Just because you're lonely doesn't mean you should turn off your emotions, dear! You'll discover tomorrow how nice it feels to be sweet to everyone.

When Sarah woke up, she dismissed it as just a dream. However, she felt strangely different. When she looked in the mirror, she screamed upon seeing the new Sarah's face reflected at her. She thought, only my body looks like hers, not my personality. Little did she know, she was wrong.

On her way to work, she found herself smiling at strangers, just as the new Sarah had. The joy she felt when they smiled back was new and exhilarating. At work, she was kind to customers, which resulted in generous tips. After a long day, she felt happier than ever and realized that being sweet was far better than being mean.

That night, her mother appeared again in her dreams.

Mother: I liked how you acted today! I'm sure you enjoyed it too! This was a lesson for you to make a change in your life. I hope it taught you the importance of being kind to everyone. Now, I'm giving you your body and personality back. My blessings are always upon you, dear!

The next morning, Sarah woke up with a smile on her face, realizing that kindness not only made those around her happy but also brought her joy. Determined to change, she vowed not to return to her former mean self.

From that day forward, she treated everyone with kindness. Her sweet demeanour earned her a lot of appreciation.

SEEMFESHAN INAM
GRADE XI -B



QUESTION IS: "TO BE OR NOT TO BE"

Question is to be or not to be?
Being a nightmare or a reverie
Why not live in a field of daffodils
rather carrying the load of agony?

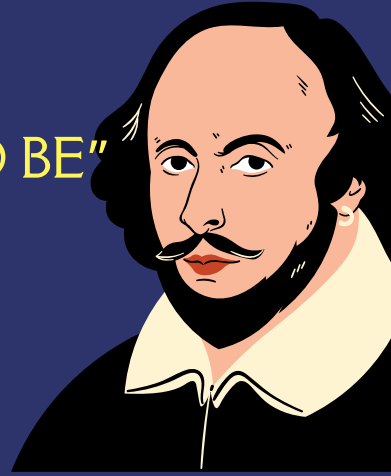
Question is to be or not to be?
What is it to be heavy hearted?
Nonetheless, there's no triumph to be seen-
What's the due for empathy to be beline?

Question is to be or not to be?
What's in it to have a void in speech?
But never goes the speech of honey in vain,
But will stay the tottering of pain.

Question is to be or not to be?
At the end we lie beneath green
Why to be weighed in the helix of rage?
For who knows what's the prophecy?

ISPHANIA SHAIKH & VANI SHRIVASTAVA

STD-11, DIVISION- C



LOVE KINDNESS

Kindness weighs as much as sound and light, and can be shown day and night. It grows and grows until one day, it overflows. It starts with obeying, helping and caring for your elders in your own home.

We can also express kindness by donating food, clothes, and daily necessities.

Kindness is all that our world needs today in this era of excessive competition.

Overall kindness is the mirror of helping hands and humanity.



AAYUSHI VARMA
STD-6, DIVISION- B

SPRINKLING KINDNESS EVERYWHERE

Sprinkling kindness everywhere

Give food to poor and some footwear

Also, some clothes for them to wear

Always be kind and show some care

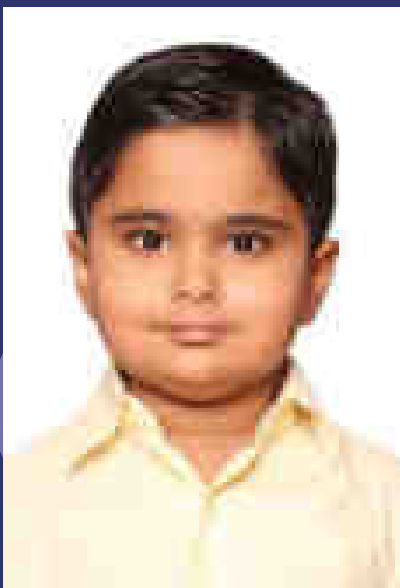
Being kind is only fair

Spread some joy and continue to share

Adopt the poor, show them you care

Bring smiles to faces

By sprinkling kindness everywhere.



GAVISHT KHANNA
STD-1, DIVISION- C

WITTY WHIRLWINDS



Submit your responses on rajhanseuphoria@gmail.com
WINNERS WILL BE ANNOUNCED IN THE NEXT EDITION.

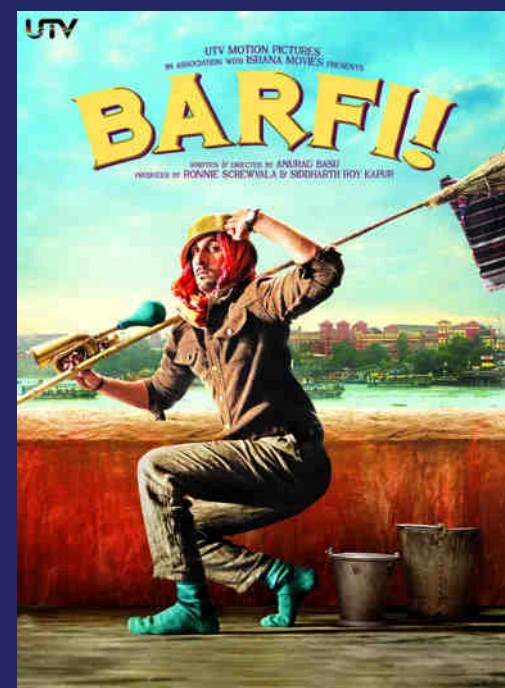
CHECK THIS OUT. SCAN THE
QR CODE TO ATTEMPT THE
QUIZ ON KINDNESS

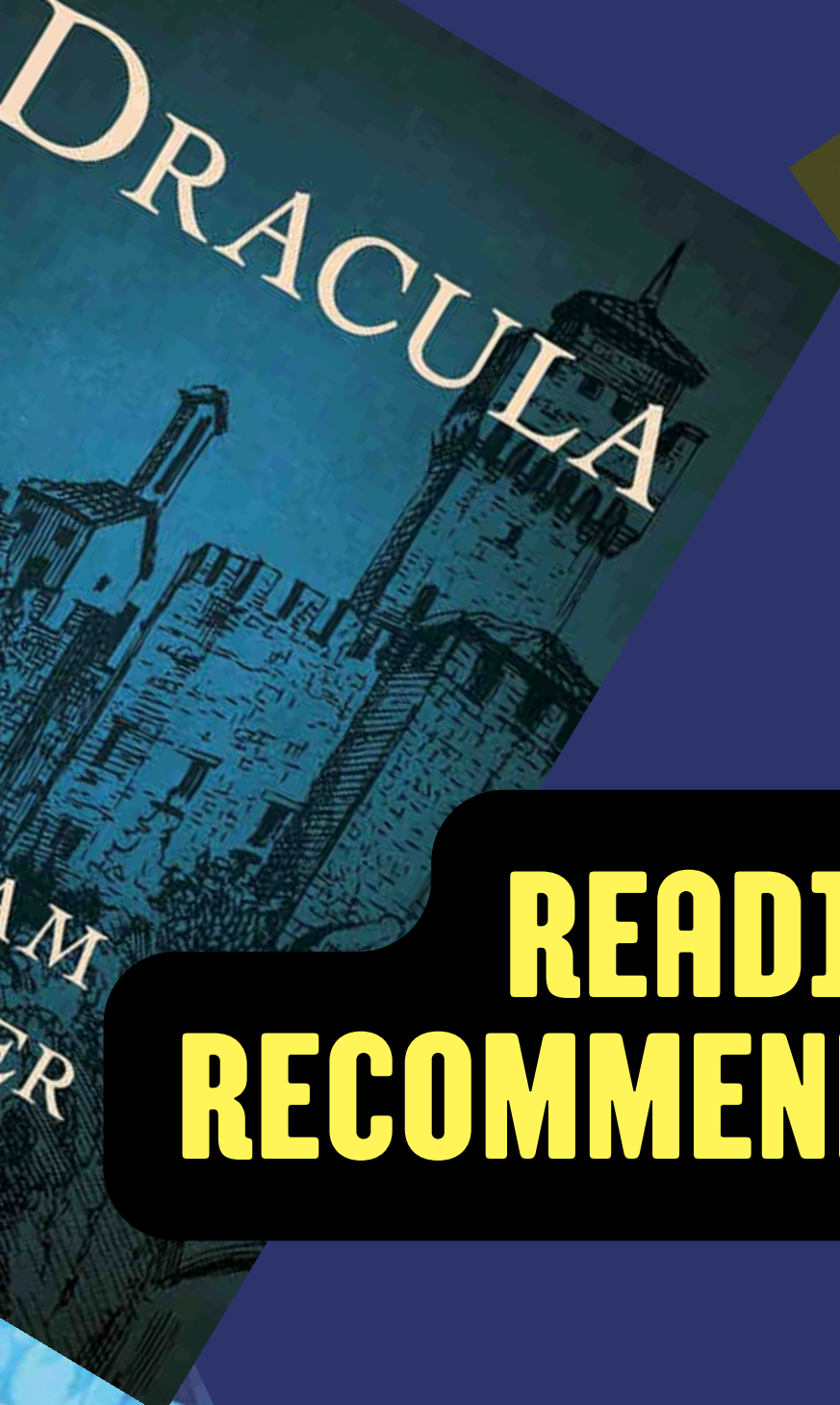


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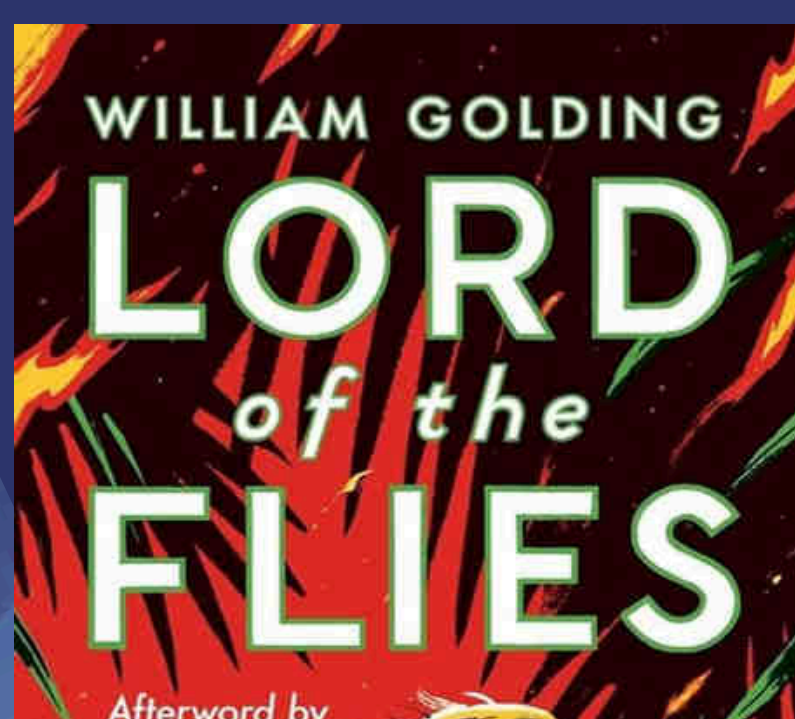


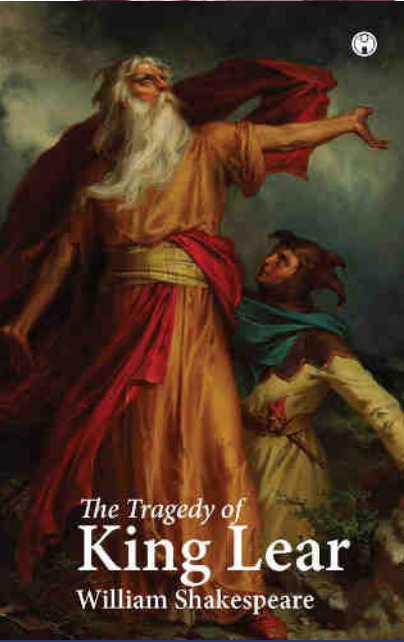
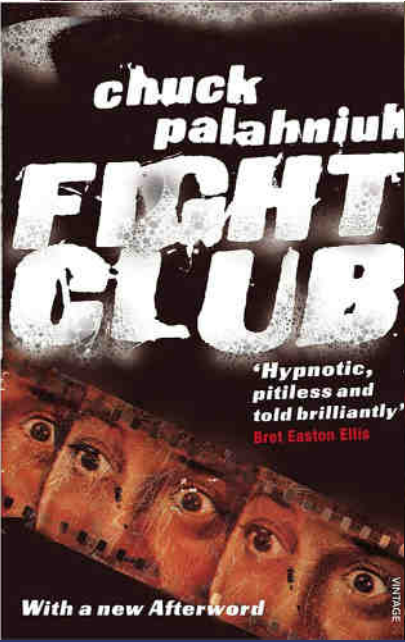
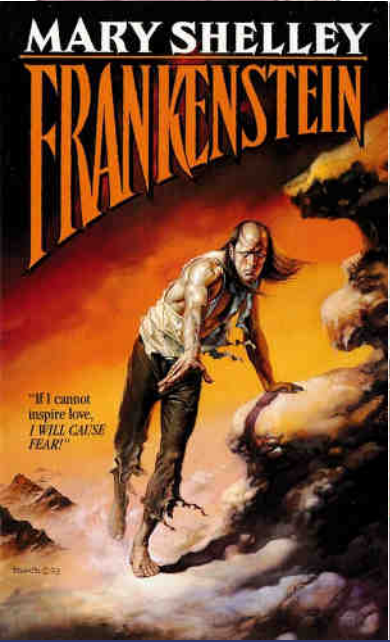
STREAMING RECOMMENDATIONS



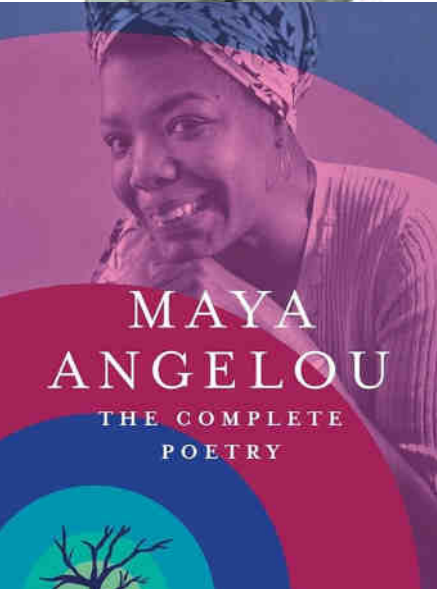
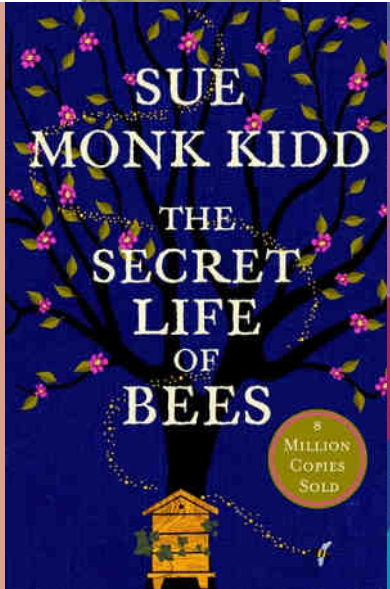
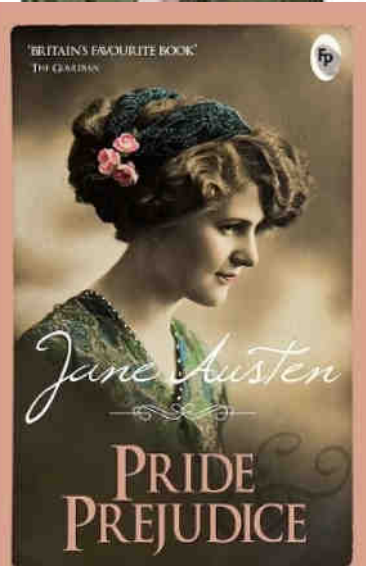
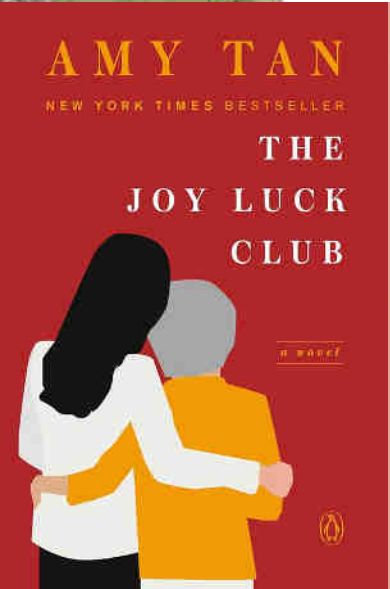


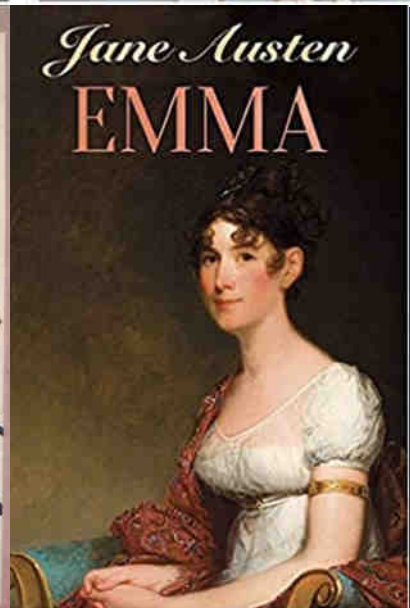
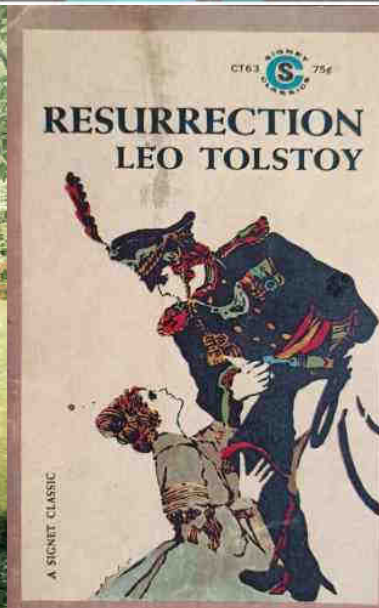
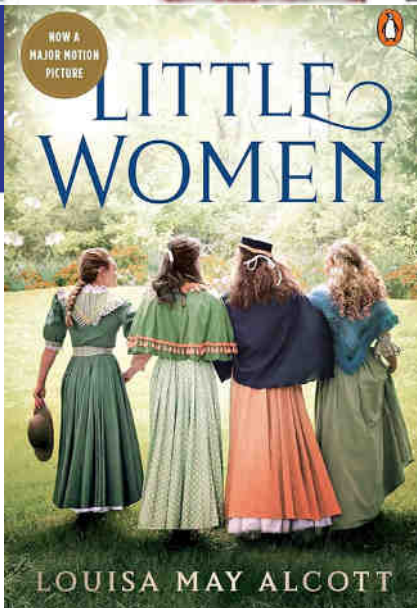
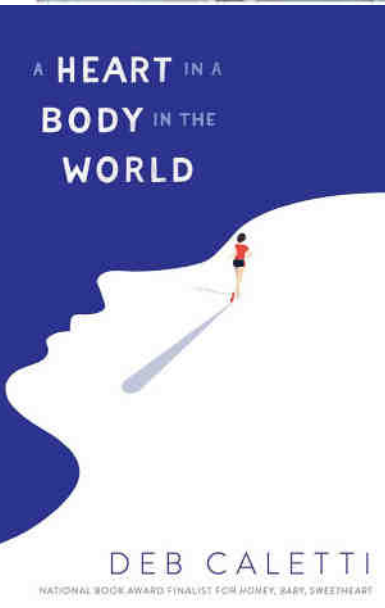
READING RECOMMENDATIONS



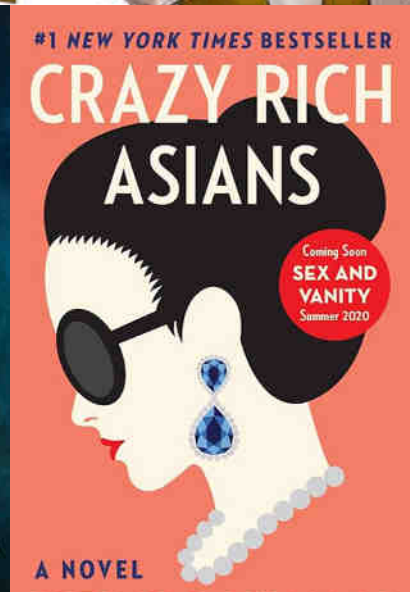
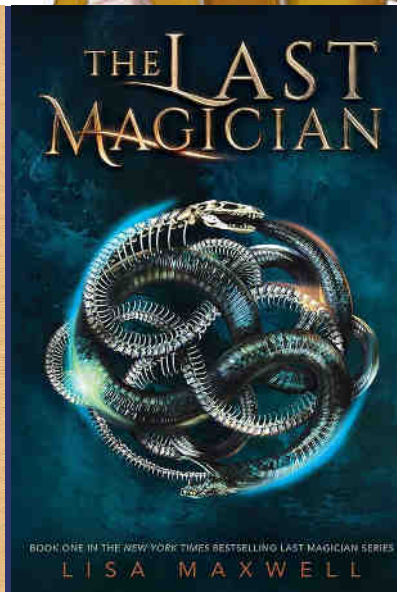
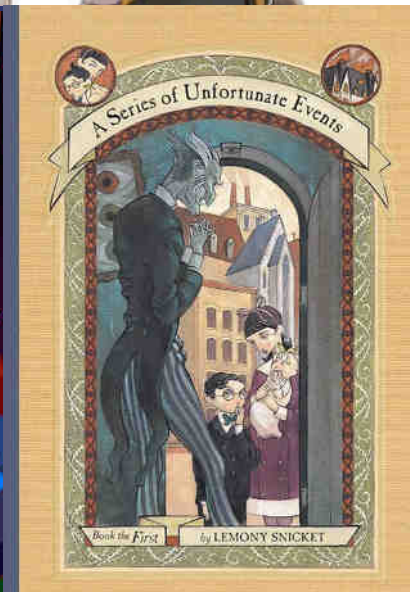


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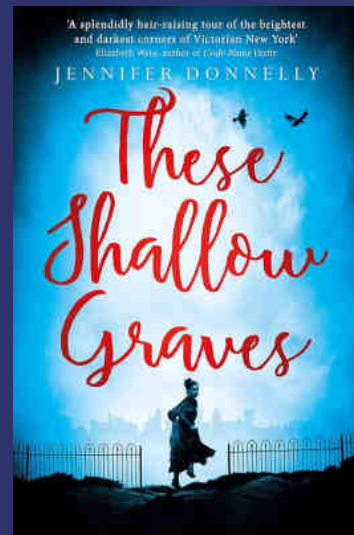


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BOOK REVIEW: THESE SHALLOW GRAVES

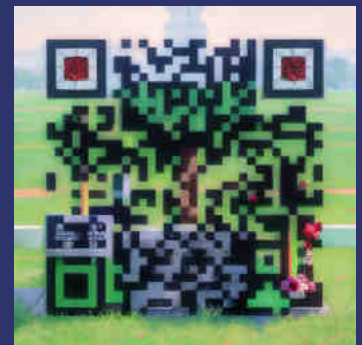
The
Guardian



Set in 1890s New York, it is obviously very well researched and is brilliantly evocative of the time period. It tells the story of 17-year-old Josephine Montfort who is rich, beautiful and waiting to be married off to a wealthy man. She dreams of being a reporter, a career deemed extremely unsuitable for a young lady of her class but apart from that her life is easy and comfortable until her father is found dead. The police say it was an accident and her uncle suspects suicide but could it be that her father was murdered? Jo is determined to discover the truth at all costs.

The historical detail in this book is incredibly vivid. Being able to picture myself in 1890s New York, a time in history I barely knew anything about, was one of the amazing things about reading this book. Unlike in many Young Adult novels, the romance in *These Shallow Graves* is convincing and well written. Readers will be rooting for Jo and Eddie

Gallagher, a young reporter who helps her investigate her father's death, from the moment they begin to fall in love. It was a bit of a whirlwind romance but I felt like that was explained by Jo's naivety and it didn't succumb to many popular clichés and tropes.





While the story does feature a love triangle, it's a very small part of the book. Jo and Eddie were both well-drawn characters with plenty of flaws and I felt like they complimented each other's strengths. What I loved about the way that this novel discusses gender equality and shows how women of all social classes are slaves to rules and traditions and have little opportunity to express themselves. This becomes a little exaggerated in the scenes where Grandmama, Jo's fiancé's grandmother, is discussing girls and marriage however it does ultimately show how constrained Jo is by her family's expectations. Another interesting element is the friendship between Jo and Fay, a pickpocket who is abused by her cruel master. Both are being forced into unhappy situations, Jo into an unwanted marriage and Fay into prostitution and yet their friendship transcends this. The affection they feel for each other is much more than just sympathy for each other's suffering.

The mystery in this novel will keep readers guessing almost until the end of the book. While I had my suspicions, there are plenty of twists I didn't see coming. Jo grows so much as a character over the course of the novel and seeing her transition from a naïve girl who can't believe anything wrong of her family to a daring, determined reporter is fascinating. Nearly all the loose ends of this many-stranded story are nicely tied up at the end of the book and the conclusion is convincing while also satisfying. I would highly recommend this book for readers aged 13 and up, especially those who have enjoyed Donnelly's previous books. It's an original, gripping mystery with a heroine you are unlikely to forget.



Kindness Wall : Spread Kind Messages

Write something positive, inspiring, or encouraging to be posted. You can write it anonymously or with your name. Let's fill the wall with love and encouragement!

Use our *Padlet* wall to spread some positive vibes!



LETTER FROM THE

Editorial Board

Dear Readers

We are delighted to present this collection of write-ups, each one an inspiring reflection of the power of kindness and compassion in our world. Our contributors have shared their unique perspectives on this theme, offering both personal insights and thoughtful analyses that invite us all to reflect on how we can spread kindness in our everyday lives.

We are especially honored to feature a piece by Dr. Shyam Wuppuluri, FRSA as our cover story. His eloquent exploration of kindness as a transformative force serves as a powerful reminder of the difference we can make through simple yet meaningful acts. We thank Dr. Wuppuluri for his contribution, which has set the tone for the rest of the collection. Our sincere thanks to Mrs. Ritu Dubey, our Principal, whose unwavering support and vision for nurturing young voices have been instrumental in bringing this collection to life. A special mention also goes to Mrs. Rucia Jackson and Mrs. Manisha Pinto, whose guidance as English teachers has been invaluable in curating this selection. We are grateful for their keen eye for quality and their commitment to fostering creativity in their students.

As always, we encourage you to continue contributing your ideas and stories. The next issue will focus on a new theme, and we warmly invite submissions that explore how kindness manifests in different aspects of life. We look forward to seeing how your voices continue to inspire others.

Thank you for being part of this community and for supporting the work of those who seek to make a difference through the written word.

Sincerely

The Editorial Board



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